

Drift

JULY, 2012

Pottsville Beach
Neighbourhood Centre

a publication for workers & supporters of Pottsville Beach Neighbourhood Centre

Happy 10th Birthday, PlayTime!



More than 100 adults and children had a great time at the centre's PlayTime Group on Monday, July 23, when PlayTime hosted its milestone Birthday Party/Open Day, celebrating 10 years of play at the centre.

Regulars and visitors enjoyed a range of activities, with a delicious home-baked morning tea, a fantastic blue birthday cake and lots of balloons and streamers

providing a party atmosphere. Inside the Sandbar Room, children created party hats and played at various play stations set up around the room. Outside, activities included an obstacle course, sand pit, cubby house, play kitchen and coloured noodle threading.

A very popular corner of the playground was the face painting area, where Oska the Clown entertained, making balloon

sculptures and painting the faces of young partygoers with his crowd-pleasing designs. Pictured above with **Oska the Clown** are two-year-old **Claudia** (with her face just painted and her new noodle necklace) and her mother **Tamara**. On the right, waiting for their turn are **Samantha** (3) and **Summer** (4).

See page 2 for more photos and information about the PlayTime group.

Manager left speechless

In a first for Pottsville Beach Neighbourhood Centre, a few lucky workers were on hand to witness manager Angela being rendered briefly speechless.

In a surprise visit last month, Geoff Provest MP, Member for Tweed, presented Angela with an award for "Tweed Local Woman of the Year".

"The Women of the Year Awards provide an opportunity to publicly acknowledge the outstanding work that women are doing in our communities. These awards demonstrate our appreciation of so many admirable women in regional and metropolitan communities across the state," said NSW Premier Barry O'Farrell.

Angela was recognised for her work as Manager of the Tweed Shire's Pottsville Beach Neighbourhood Centre, where she has worked tirelessly to



Angela Maxwell with Geoff Provest

provide a focal point for the community and links to the services that enhance it.

Source: NSW Women Of The Year Awards Honour Roll.

"While I am astonished at receiving this award, I do see it as recognition for the work of all women who have participated in various capacities at PBNC, from its creation through to its current vibrant state," said Angela when she recovered her power of speech.

Fortunately, all the Drift team, including a photographer, were on hand to capture the moment for eternity.

About PlayTime

PlayTime is a play group offering a morning of fun and interaction for parents and carers with their pre school age children. It is a special place where children look forward to meeting up, playing and creating fun, and parents meet and share a cuppa and a chat. Interactive play stations, enjoyable and educational activities, craft and parents' morning tea are provided.

Sessions take place Mondays and Thursdays from 10am to 12pm and Tuesdays 10.30am to 12.30pm in the Sandbar Room at Pottsville Beach Neighbourhood Centre in



Elizabeth Street.

Phone PBNC on (02) 6676 4555 or Misty (02) 6676 4146 for more information.

Pictured above at PlayTime's birthday are (left to right) **Nancy** with two-year-old **Callum**, and **Rachel** with **Ella**, 14 months, and **Molly**, 4.

our newsletter

Drift is produced at
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Editorial team:

Lily Crockett, Angela Maxwell
Tony Crockett, Chris Warner





5 minute interview with...

Yvonne

Op shop volunteer



Do you have a favourite movie?

Gone with the Wind - I first saw it when I was 15 (sat and watched it twice); best movie of all time.

Do you have a favourite book or author? ***Stephen King*** -

I love the suspense and twists in his books.

What famous person would you choose to spend an evening with, and why?

Colin Firth (English actor) - 'cos he's gorgeous, but nice with it.

Whom do you admire most?

The Queen - she has never changed, she is marvellous against all adversity and how she deals with family issues etc.

If you could travel to any country, where would it be and why?

I have travelled a fair amount but I'll say ***Austria*** 'cos I have heard such good things about it and would love to see Salzberg Square.

What is your favourite food?

Chocolate - my name is Yvonne and I am a chocoholic!!!



ABOVE: The Op Shop's Thursday group was snapped in the Op Shop last month. Pictured are (left to right) **Janice, June, Marilyn, Barb, Jacquilynne, Erica, Yvonne and Edna.**



SPOTLIGHT ON THE OP SHOP/FURNITURE AND MAINTENANCE CREW



Members of the Furniture and Maintenance Crew recently painted the Sandbar Room. Pictured clockwise from top left: **Peter S** works on the ceiling, **Don** attacks the ceiling with the roller, **Rob** works on the upper sills, **Clive** looks ready for more, **Russell** finishes off the sill while **Gordon** tries to avoid the camera, **Don** uses the newly acquired gantry.



Are YOU ready to *Tranzform*?

Tranzform is a one-hour, thought-provoking, FREE workshop for women. The workshop is for those at a crossroad in their lives - wondering where they are going, wanting to learn and grow, on a journey of self-discovery.

In this workshop, you will be asked questions such as:

Are YOU being true to yourself?

What is YOUR self talk like?

How do YOU handle change?

Do YOU react or respond?

What is YOUR passion in life?

Tranzform is presented by Denise Neville (pictured right), mentor and strategist for women, and a qualified life coach and trainer.

Denise has been very interested in human beings all her life, observing what makes them happy, sad, frustrated, successful and optimistic.

She was inspired and motivated to create *Tranzform* by her mother, an intelligent and gifted woman who, though she was a great homemaker, never had enough confidence or opportunities to go out and achieve something just for herself.

Denise sees *Tranzform* as a tool giving women the chance to find out about their true selves and achieve what they really want in life.

WHEN and WHERE:

Evening: 6.30-7.30pm, Tuesday, July 31 - Reef Room, Pottsville Beach Neighbourhood Centre

Daytime: 1-2pm, Tuesday, August 7 - Reef Room, Pottsville Beach Neighbourhood Centre, 12A Elizabeth St Pottsville Beach.

Bookings are essential. Phone **(02) 6676 4555** (PBNC) or Denise **0438 844688** to book or find out more.

This presentation is an initiative of Tranzform and Pottsville Beach Neighbourhood Centre.



CALLING ALL WOMEN

PBNC's *Women's Circle* is restarting after a short break, with the next meeting to be held on Tuesday, August 14.

This is a recently formed group providing support for women in a safe and welcoming environment. It is open to women of all ages and backgrounds.

Empowerment, self-esteem, communication, networking, and reaching personal goals were some aims women at previous gatherings wanted to achieve. The women said they just wanted to meet other women to chat and discuss experiences with others who would understand.

At each meeting the group will decide what activities will take place the following month. Guest speakers will be invited and many interesting topics and activities explored.

The circle meets **from 1pm till 2.30pm in the Sandbar Room** at Pottsville Beach Neighbourhood Centre. Tea, coffee and biscuits are provided, but feel free to bring a plate to share. There's a gold coin donation to cover costs. If you feel you may be interested in this group, please come along as it will only continue if there is a demand for such a group in Pottsville.

To register your interest or to find out more, ring **Sandy on 0401 038 386** or **Lily at the centre on (02) 764555**.



GRANTS AND TENDER SUCCESS

Two recent grant applications for NSW ClubGRANTS have been successful.

Side by Side, a group for children, young people with Aspergers and their carers which runs under the auspices of PBNC. The group succeeded in its funding application for equipment, including books for the library, a TV, Xbox and DVDs, software, an iPad, apps for autism and social skilling, and a table tennis table and interactive and educational toys. The funds will also go towards the cost of holding seminars, professional development training for facilitators, and the

facilitation of regular groups.

PBNC also succeeded in receiving funding for an interactive whiteboard and short throw projector. These items will be kept for use by Side by Side and any other group which may benefit from this new equipment. **Breaking news** - PBNC's tender with Tweed Shire Council to continue to operate the markets for the next three years has been accepted. The whole market coordination team and everyone associated with PBNC and the wider community will be thrilled with the outcome for these popular markets and the centre's sustainability.

Friends Of The Pound News

**Cats can't count -
but they sure can multiply!**

Friends of The Pound, with the support of RSPCA and Tweed Shire Council, is offering **LOW COST CAT DESEXING** from August 20 to August 24 to those in genuine financial need. **Phone 0487 179244** to enquire or make an appointment. Conditions apply.



HELP! It's tax time

Pottsville Beach Neighbourhood Centre is again offering Tax Help.

Beginning on Wednesday, July 18, the centre's experienced Tax Help volunteer, Dave, will be available to assist people with completing their tax returns for 2011/2012.

If your tax affairs are simple and you earn less than \$50,000 a year, you could be eligible for this FREE help.

For more information or to make a booking, ring Pottsville Beach Neighbourhood Centre on **(02) 6676 4555**.

Pottsville Diabetic Support Group

Those with diabetes and their partners, carers and friends are invited to Pottsville Diabetic Support Group's friendly meetings, featuring interesting guest speakers and a Diabetic Educator. The meetings are held at Pottsville Beach Neighbourhood Centre. Speakers and topics for the next four months are as follows:
Wednesday, August 1 - Stephen Riches, Bowen therapist, speaking on Health Benefits through Bowen;
Wednesday, September 5 - Diabetic Educator, Michael

Quirk, heading a general discussion;
Wednesday, October 3 - Zoe Sands, Clinical Nurse for Chronic Disease, talking on Chronic Conditions. Then on **Wednesday, November 7**, the final meeting for the year will feature a Break Up party with Michael Quirk. Meetings will restart on **Wednesday, February 6, 2013**. The group meets in the Reef Room, on the lower level of Pottsville Beach Neighbourhood Centre, Elizabeth St, Pottsville Beach, from 2pm till 4pm.

Please bring a plate of diabetic friendly food to share and a gold coin to cover costs.

For further details, contact Ruth Clarke, convenor of Pottsville Diabetic Support Group on **(02) 6676 0411**.



what's on at the centre

PBNC ADMINISTRATION

Monday to Friday 8.30am - 1.30pm

DIABETES SUPPORT GROUP

with Ruth - Reef Room
First Wed each month 2 - 4pm

LIGHT AEROBICS

with Vera - Sandbar Room
Tues 9.15 - 10.15am, Fri 9.15 - 10.15am

OPP SHOP

| | |
|----------------|-----------|
| Monday | 9am - 4pm |
| Tuesday | 9am - 1pm |
| Wednesday | 9am - 1pm |
| Thursday | 9am - 1pm |
| Friday | 9am - 4pm |
| Saturday | 9am - 1pm |
| Market Sundays | 7am - 1pm |

POTTSVILLE PLAYTIME

Sandbar Room
Monday 10am - 12pm
Tuesday 10.30am - 12.30pm
Thursday 10am - 12pm

PBNC TECHNOLOGY CENTRE COMPUTER LESSONS & INTERNET ACCESS

| | |
|-----------|-----------|
| Monday | 9am - 1pm |
| Tuesday | 9am - 5pm |
| Wednesday | 9am - 5pm |
| Thursday | 9am - 5pm |
| Friday | 9am - 1pm |

ART AND PLAY

With Emma-Lea - Coral Bay (next to the Reef Room) Tuesdays 10 - 11am
Ph. Emma Lea 0434 790 969

S - T - R - E - T - C - H YOUR MIND

with Adam
Thursday 12.30 - 2.30pm

TOY LIBRARY

Monday to Friday
9:30am - 12:30pm

WORDSFLOW

Rosemary Nissan Wade
Sandbar Room
Friday 12.30 - 3pm

Contact Administration Office for more details or bookings
(02) 6676 4555.

Centrelink Agency

Monday to Friday
8.30am to 1.30pm

Association membership fees for 2013 are now due. If you have not received your renewal, please contact the Admin office in person or phone 6676 4555.

Side by Side is a social support group for children and young people with Aspergers and their parents or carers. The group meets during school terms from 1pm on the first Saturday of each month for combined primary and secondary school age, and the third Saturday each month for teens. Contact Debbie or Terry on 6676 0483 for more details.

Monday

Technology Centre
9am-1pm
Pottsville PlayTime
Sandbar Room
10am-12pm
Toy Library
9.30am-12.30pm

Tuesday

Technology Centre
9am-5pm
Light Aerobics
with Vera
Sandbar Room
9.15-10.15am
Pottsville PlayTime
Sandbar Room
10.30am-12.30pm
Toy Library
9.30am-12.30pm
Scrabble with Doug & Annie
10am - 12noon

Wednesday

Technology Centre
9am-6pm
Toy Library
9.30am-12.30pm
Diabetes Support Group with Ruth
(1st Wed each month)
Reef Room 2-4pm

Thursday

Technology Centre
9am-5pm
Pottsville Playtime
Sandbar Room
10am-12pm
Stretch Your Mind
12.30-2.30pm
Toy Library
9.30am-12.30pm

Friday

Technology Centre
9am-5pm
Light Aerobics with Vera
Sandbar Room
9.15-10.15am
Toy Library
9.30am-12.30pm
Pottsville Toddler Tunes & Stories
Sandbar Room
10.30am-12pm (during school term)
WordsFlow with Rosemary Nissan Wade
Sandbar Room
12.30-3pm

Saturday

Opp Shop 9am-1pm

Sunday

Pottsville Beach Markets, Opp Shop (7am-1pm) & **Community Barbeque** - First & third Sunday each month

Market dates
(Aug, Sept, Oct)
August 5th & 19th
Sept 2nd & 16th
Oct 7th & 21st



DANCING WITH NIKKI

High energy freestyle dance classes for pre-schoolers to adults - it only costs \$5 per lesson.

For more info and class times, contact Nikki on **0417 036 609**.

Tweed Coast U3A conducts several classes at PBNC including Quilting, Booklovers and Botany For Inquisitive Gardeners. For more details, phone **0466 355905** or email **tweedcoastu3a@gmail.com**